Privacy Policy

Wellness Without Barriers LTD

1. Introduction

Wellness Without BarriersLtd is committed to protecting your personal data and respecting your privacy. This policy explains how we collect, use, and store your information.

2. What Information We Collect

We may collect:

- Name
- Email address
- Phone number (if provided)
- Any information you choose to share when contacting us or using our services.

3. How We Use Your Information

We use your information to:

- Respond to enquiries
- Provide services and support
- Send relevant updates (if you have opted in)
- Maintain records for business purposes.

4. Lawful Basis for Processing

We process your data under:

- Consent (when you contact us or opt in)
- Legitimate interest (to provide and improve our services)

5. How We Store Your Data

Your data is stored securely and only accessed when necessary.
We take reasonable steps to protect your information from loss, misuse, or unauthorised access.

6. How Long We Keep Your Data

We only keep your data for as long as necessary to provide our services or meet legal requirements.

7. Sharing Your Information

We do not sell or share your personal data with third parties unless:

- Required by law
- Necessary to deliver our services.

8. Your Rights

You have the right to:

- Access your personal data
- Request correction or deletion
- Withdraw consent at any time.

To exercise these rights, please contact us.

9. Contact Details

Email: gemmacoleman1@outlook.com
Business Name: Wellness Without Barriers Ltd

10. Updates to This Policy

We may update this policy from time to time. The latest version will always be available upon request.

We understand that many individuals we work with may be living with chronic illness or disability. We are committed to handling all personal information with sensitivity, respect, and confidentiality.